

## **Thought for the Day 9/05/20**

***As the Father has loved me, so have I loved you. Now remain in my love. (John 15:9)***

A Bible verse on love seems so apt after the words of the Queen last night, 'Our streets are not empty, they are filled with the love and the care that we have for each other.'

Which brings me on to my own thoughts. The other day as I was praying, my first Sunday at Christ Church came to mind. I stood at the front with my biological family, my family by marriage, and my new church family all looking at me. Quite nerve wracking to say the least, but I bring this up not to tell you how brave I am to stand at the front of church but to remind you of the key question I was asking that day. My talk was titled 'Who are you?'

I wonder how you would currently answer that question? Has it changed since lockdown began towards the end of March?

People often define themselves by what they do, and I sometimes find myself falling into the trap of feeling better about myself the more I am doing. Yet our daily activities, no matter how worthy, shouldn't be how we define ourselves.

At the moment, with much of life stripped away, it can be easy to feel as if we have lost our identity or even to identify ourselves in ways that aren't helpful.

It's time to remind ourselves of what remains the same, no matter what season of life we are in.

We remain in God's love. That hasn't changed. We can't meet together in our church building, but our prayers for one another still bind us together in love. As you pray may you feel God's love surrounding you, identifying you as a child of God.

No matter what the circumstances, I hope the answer to, 'who are you?' is: I am in Christ and I am in the Father's love all through the power of the Holy Spirit

**Rachael Farnham**

Remember, you can send your prayer request to: [Prayer@baystonhillchurch.org](mailto:Prayer@baystonhillchurch.org)

Or ring: (01743) 583215

**May you feel God's love surround you**

And you can read these Thought for the Day articles on our website too at [www.baystonhillchurch.org](http://www.baystonhillchurch.org)

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