

Thought for the Day

I was reading my bible the other day and was struck by the last paragraph in my bible notes, "Are you in a time of trial? Then thank the Lord for that, because it is in trial that we learn most about our faith. And there are blessings to be had in trials if we look for them, the greatest being if we can look back and say. 'I got through that because the Lord helped me'" I was blown away by this simple statement, prepared in these notes many months before the Pandemic we are now experiencing.

I was speaking to my Sister-in-Law the other day and I said to her that life's would be very different, hopefully in a positive way, when we come out of this time, and she commented that the time her and her husband are now spending with their children is great and hoped it would continue afterwards. And we are all finding different activities to keep us busy during our isolation, I am having a go at drawing, and Susan is learning the piano. These are all examples of those little blessings spoken about earlier.

These are very challenging times but despite that God is at work caring for us and encouraging us so let's give thanks and acknowledge these Blessings and be able to say with confidence that "I got through this because the Lord helped me".

Psalms 118: 13-14 "I was pushed back and about to fall, but the Lord helped me. The Lord is my strength and my song; he has become my salvation.

Love and Blessings to you All.

Mark Underwood

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