

TFTD Tuesday 24/03/2020

***‘God is our refuge and strength,
an ever-present help in trouble.***

***Therefore we will not fear, though the earth give way
and the mountains fall into the heart of the sea’ (Psalm 46:1-2)***

As you can imagine, this thought went through many stages before it reached you all this morning having been started before Boris Johnson’s 8.30 announcement. My coping mechanism is to turn bad situations in to a joke, but now is not the time.

Human interaction and community are such a huge part of life on earth. We weren’t called to be alone. Yet suddenly we have a new calling, one that confines us to our house except for very specific circumstances.

It might seem as if a lot has changed, because it has! But for those of us with faith, some things remain the same. God was a help to David around 1,000 years before Christ and he can be our help now.

We might not be able to invite our friends in for a cuppa and a chat, but we can invite God in, He remains an ‘ever-present help in trouble.’

The first line of an old hymn springs to mind: ‘The church’s one foundation is Jesus Christ her Lord...’ Despite the fact we can no longer gather in one place Jesus remains our foundation and no virus can get in the way of that relationship.

It has been said that Martin Luther the 16th century reformer would say; ‘Come let us sing the forty-sixth psalm.’ When he heard discouraging news.

We have all just heard discouraging news, but this psalm can encourage us to hope and trust in God, in his power and gracious presence with His church.

Remember, you can send your prayer request to:

Prayer@baystonhillchurch.org

Or ring: (01743) 583215

May God’s presence be with you.

Rev Rachael Farnham