

### Thought for the Day Ideas

As I was praying, God reminded me of the story of David and Goliath (1 Sam 17). At the moment, the corona virus feels like a Goliath. It is bigger than we are, it feels unstoppable and it is threatening. Just as the Israelites normal existence was being rattled by Goliath, so our daily routines have been shaken by Covid-19. Yet, as we know, Goliath didn't win. David went into battle with him without any of the armour the king was offering him. He trusted that the Lord who had rescued him from both bears and lions would also be able to rescue him from Goliath.

Now I know it is dangerous to take the analogy too far or it will start falling apart. It is dangerous for us to run at corona virus as David ran towards the battle line with Goliath, however, like David we can rely on God. We can approach this time of social distancing and isolation with the Lord Almighty on our side. Even though we can't make it to church we can still pray – we are still members of one body. We can share our needs with one another and with God. Despite our distance we remain a worshipping community.

And so as we face this strange time where we can't all meet together I'd encourage you to connect in other ways.

Keep calling each other, make video calls. Let others know your prayer requests.

And know that we as a leadership team here at Christ Church are praying for you. I leave you today with Romans 8:31 – *'What, then, shall we say in response to these things? If God is for us, who can be against us?'*

Remember you can send your prayer request to:

Prayer@baystonhillchurch.org

Or ring: (01743) 583215

Rev Rachael Farnham