Saturday 18th April TFTD

Seek the LORD and His strength; seek His presence continually. (1 Chronicles 16:11 ESV)

For those of you who have watched any of the CCBH family service videos that have been out recently you will have heard a song with the lyrics 'Nothing's too big, big, big for his power, nothings too incy wincy for his care.' When Jeanette and I first started doing this song with the children in our singing group at Oakmeadow we chose it for its catchy tune, simple lyrics and fun actions. But now, however many weeks into lockdown, when I seem to have very little idea as to what day of the week it is, it has taken on a new meaning for me. I finally (very slowly) caught on to its surprisingly poignant lyrics all tied up neatly in a fun package that has brought people together despite the social distancing and isolation.

I know that I and I am sure many others sometimes think, 'oh my problems are too insignificant for God.' But God cares about you and he cares about the small things in your life too. At the other end of the spectrum, we might think, 'Corona Virus is too big a problem, I don't know where to start.' But God knows.

It is time to seek his presence continually. Seek Him when you are hoping that you will finally be able to buy flour, fresh fruit or potatoes, seek him when time seems to be dragging and you need strength to get through the day, seek him when you are asking for a vaccination for Covid-19 to be found. God is the God of the big AND the God of the little.

Don't forget that God cares about you, even the hairs of your head are numbered (Lk 12:7). I'd like to finish by offering you this prayer which is taken from the Lectio 365 app.

In all I face today – the celebrations, the challenges and everything in between – help me to remember that nothing is too great for your power and nothing is too small for your love. Help me to practise turning all my worries and needs into prayer, trusting in Your attention and compassion. AMEN

Remember, you can send your prayer request to: <u>Prayer@baystonhillchurch.org</u>

Or ring: (01743) 583215

May you find the Lord's strength as you seek him.

Rev Rachael Farnham