

## Thought for the Day – Wednesday 8<sup>th</sup> April 2020

**Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.**

**(Philippians 4.6)**

In the words of a well-known hymn - 'Give thanks with a grateful heart'. Maybe this does not always seem like a priority in our lives at the moment. But we can quickly call to mind many things for which we should be, and are, thankful. Every time I am able to put a meal on the table, the present situation reminds me of how fortunate I am - both to have the food, and because there are so many working hard to make this possible. It is easy to fret if we cannot get just what we want, but huge efforts are being made to get a fair system up and working. This, and the kindness of neighbours, are real causes for thankfulness.

And then there is the internet! Being a total fool when it comes to making proper use of this, I yet have had much cause to be grateful for the help that it has been. How thankful I am for a granddaughter who had shown us how to order groceries online! And in recent days, the family chat line has both cheered us up and kept us in touch with our son and his wife, stranded in Mexico until America allowed them to take a flight home via LA. So, instead of raging at that imbecile machine I have realised that it is my failure to know and understand the technicalities that is at fault.

So it is with God, and how he works. His ways, far beyond our feeble comprehension, we fail so often to learn or understand. But we can give thanks in our limited way.

So, keep praying for all those who are facing the full force of this virus on our behalf. Thank God for them and ask him to bless their efforts.

**'And the peace of God which transcends all understanding, will guard your hearts and minds in Christ Jesus.'** (Philippians 4.7)

Ruth Tiller

*Remember, you can send your prayer request to: [Prayer@baystonhillchurch.org](mailto:Prayer@baystonhillchurch.org) Or ring: (01743) 583215*

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